OCTOBER 2017

Head-Line

The Newsletter of Mid-Michigan Mensa **Number 523**



Happy Halloween

HEAD-LINE NO. 523 OCTOBER 1017
MID-MICHIGAN MENSA

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Mid-Michigan Mensa Facebook Group

Head-Line and Calendar items are due by the 15th of the month prior to publication. Camera ready contributions are appreciated, but not necessary. Calendar entries may be emailed, telephoned, or snail-mailed to the Calendar/TGIF Coord. Permission is granted to reprint material from the Head-Line in any Mensa publication, with appropriate credit, unless the material is copyrighted.

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OCTOBER RVC 3 COLUMN

John Voymas RVC 3

It has been a busy week as I prepare for the September AMC meeting which is held in Arlington, Texas. This will be an opportunity for this newly-minted RVC to meet the National Office staff, spend a full day on Friday in workshops, and then on Saturday, the quarterly AMC meeting, which is open to all members, takes place. I will be bringing to Texas the suggestions and concerns that were presented to me at the Meet-n-Greets in August and via email. I hope to come back with some answers that will help our region grow.

Speaking of growth, there will be a six month program running from October 1 to March 31 whereby every member of Mensa will be able to give one of their friends, acquaintances, co-workers, or a family member a voucher code good for one free taking of the Mensa test or for a free review of prior evidence. If you don't know anyone who might qualify, please pass your voucher code on to one of your fellow local group members who may be having trouble deciding which person would get their one-and-only voucher code. Let's work together on growing membership in Region 3!

I would recommend that all members review the agenda and reports of each AMC meeting. There is a history, including minutes, going back to 2005 at https://www.us.mensa.org/lead/amc/meeting-reports/.

Since I last wrote, I spent the long Labor Day weekend at the Western Pennsylvania Mensa (WPAM) RG at the Doubletree in Mars. It was a good time of meeting many members not only from WPAM but also from other local groups in Region 3 and beyond.

The next RG will be in Cincinnati the first weekend of December. More information can be found on their site and Facebook page as well as on the Region 3 Facebook page. Contact Tiffany Everett for more information. Tiffany handles event postings on the Region 3 page.

I plan on visiting Bluegrass and Kentuckiana over one of the weekends in October. Hopefully, I'll see many members of those local groups while I am there. With the Cincy RG less than two months away, Tiffany will be joining me to talk more about regional gatherings. Call it our RG roadshow.

Mid-Michigan Mensa Steering Committee Minutes

September 15, 2017

The Mid-Michigan Mensa (MMM) Steering Committee met on September 15, 2017 following our TGIF at the Boston Market in South Lansing. LocSec Maria Koutsoukos called the meeting to order at 6:30 PM. Members Maria, Wendy Carnegie, Bob Henderson and Pat Thuemmel were present. Maria helpfully provided printouts of both the August meeting minutes and a proposed agenda for the September meeting.

The first order of business was to approve the August Steering Committee minutes as published in the September Head-Line. This was moved, seconded and passed by the members present.

New business: The Committee discussed a visit by MMM members to the Lansing Breakout Room on Michigan Avenue in October. We agreed to meet there at 3:30 PM on Saturday, Oct. 14th to enjoy a group puzzle-solving challenge. Those interested may also choose to meet for dinner afterward. The cost to take part is about $27 per person less any contribution by MMM to encourage participation. Further details are available elsewhere in this month's Head-Line. (See page 7.)

Other business: Maria noted that American Mensa Limited (AML) had sent each local group a bid packet to host Mensa's annual Mind Games event for 2019. We agreed that MMM was not in a position to host this opportunity to play and evaluate new games, but would welcome the selection of any other nearby group.

As noted in the proposed meeting agenda, AML has announced a Member Voucher Program (MVP) for membership qualification testing for the period of Oct. 1, 2017 through March 31, 2018. Mensa members will each receive a code that they can give to one non-member to allow them to obtain a free qualification test. Further details will be provided when we receive the codes from AML.

AML also announced plans to add the names of many new prospective members to the online tool used by local groups to contact nearby

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Steering Committee Minutes — Continued

prospects, including people who have asked to view the testing calendar. The first addition of about 3,000 names is expected by October.

Roy Saper has offered to speak at an upcoming TGIF about his recent trip to Cuba. When the date of his talk is set it will be added to the MMM Calendar for that month.

Old Business: We discussed nominations for the open 3 of six 2-year Steering Committee terms. Incumbents Maria, Wendy and Bob each agreed to serve another term, but new candidates are required to replace Jack Rooney and Beth Hjertos. Wendy agreed to contact a few other members as to whether they would be willing to serve in the open positions.

Bob noted that he had not received a reply to his email asking Doug McCall how to update the MMM Web page. Wendy agreed to forward to Bob the reply that she had received from Doug.

Bob also advised the Steering Committee members that he had seen Jack Rooney within the previous two weeks. Jack seems to have survived both a heart attack and a stroke with his wit and wisdom intact.

There being no further business to discuss, it was moved, seconded and approved to adjourn the September MMM Steering Committee meeting at 7:06 PM.

Respectfully submitted,
Bob Henderson, Scribe



Mid-Michigan Mensa Membership

October 2017

Membership Chair—John Garrison

125

Members

MENSAversaries

Congratulations on your years of membership

30 Years Wendy Kassal
11 Years Robert Huston
7 Years Saif Fatteh
1 Year David Murley
13 Years Kerrie Boyd
8 Years Robert Henderson
1 Year Audrey Yoo

MENSA Birthdays

Happy Birthday to you

5 Allan Sherwin
6 Dale Arnold
18 Steven Thurlow
21 Joy Rimpau
31 Robert Kool
5 Marvin Fouty
14 M. Rupert
20 Elizabeth Evangelista
23 William Tupy

New Member

Welcome — We're glad you joined us

Michael Burns — Holt



FOOD FOR THOUGHT

By Barb Ford

An ancient Ayurvedic recipe from India is getting a lot of attention lately. Turmeric Milk, or Golden Milk is a hot beverage that is both enjoyable and healthy. The components of Golden Milk have been known to improve circulation, blood pressure, blood cholesterol, blood sugar, memory, mood, stress and the immune system. While these health benefits are certainly something to consider, I like it because it is so enjoyable. I often make it before bed time, and it helps me sleep, eases my tummy issues, and helps reduce the aches and pains that sometimes bother me in the night. The warm spiciness of a cup of Golden Milk are a wonderful and relaxing experience.

Traditionally made with whole cow's milk, this recipe can be made with any milk you choose. My personal favorite is Silk Unsweetened Coconut Milk. Turmeric is the star ingredient, and can be powdered, or sliced right off the fresh root. Turmeric is long known for its antioxidant, anti-inflammatory, and antiseptic properties. It and its cousin Ginger are exceptional for boosting digestive health. Black Pepper is a natural booster of the benefits of Turmeric.

Try my version of this recipe. I hope you enjoy it as much as I do.

Golden Milk

Ingredients:

2 C Organic Milk of Your Choice
1 t Organic Turmeric Powder, or 1-inch Shaved Turmeric Root
1 t Organic Ginger Powder, or 1-inch Shaved Ginger Root
¼ t Organic Ground Black Pepper
½ t Organic Ground Cardamom
1 T Organic Local Honey

Directions:

In a small saucepan, combine all ingredients except honey. Heat until bubbles form around the edges of the pan, but do not boil. Continue to gently cook and stir mixture for another five minutes. Cool slightly, then strain into a mug. If desired, stir in some honey to taste. If there is some left over, cool and refrigerate overnight. Serve over ice.

Mid-Michigan Mensa Treasurer's Report

Quarterly Ending September 30, 2017

Robert Henderson, Treasurer

BEGINNING BALANCE		**$5,055.71**
INCOME		**317.61**
National Subsidy JJA	$317.61	
Savings Interest	0.06	
EXPENDURES		**265.69**
2017 Anniversary Party	22.91	
Head-Line		
Printing MJJAS	171.11	
Postage JAS	69.67	
Money Order Fees	2.00	
ACCOUNT BALANCES		
Checking		3,032.74
Savings Interest		1,997.24
Post Office		77.65
ENDING BALANCE		**5,107.63**

Escape Room

Wikipedia

An Escape Room is a physical adventure game in which players (a team) solve a series of puzzles using clues, hints, and strategy to complete the game. Players are given a time limit to unveil the secret plot hidden in the room. (Our Escape Room adventure will last about an hour.) Real Escape Game (Escape Room) was developed in Japan by 35-year old Takao Kato. It arrived in San Francisco in 2012. It has spread to Europe, Australia, Budapest, South America and now worldwide. The game was inspired by the works of Agatha Christie. It will cost each person $27 to participate. Date and place to be determined, but will be in November. Contact Maria Koutsoukos (517-348-5122) if you would like to participate. MMM most likely will pay a portion of the fee.



Elizabeth Evangelista and Wendy Carnegie at the August 30 Meet-in-the-Middle dinner at Block Brewing Co. in Howell.

More Fun Puns

Internet

When chemists die, they barium.

Jokes about German sausage are the wurst.

I know a guy who's addicted to brake fluid. He says he can stop any time

How does Moses makes his tea? Hebrews it.

I stayed up all one night to see where the sun went. Then it dawned on me.

The girl said she recognized me from the vegetarian club, but I'd never met herbivore.

I'm reading a book about anti-gravity. I just can't put it down.

I did a theatrical performance about puns. It was a play on words.

They told me I had type-A blood, but it was a 'Typ-O.

PMS jokes aren't funny; period.

Why were the Indians here first? They had reservations.

We're going on a class trip to the Coca-Cola factory. I hope there's no pop quiz.

I didn't like my beard at first. Then it grew on me.

Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?

When you get a bladder infection urine trouble.

Broken pencils are pointless.

I tried to catch some frogs, but I mist.



October 2017 CALENDAR

Fri., Oct. 6	**OUTBACK STEAKHOUSE:** 4880 Marsh Rd., Okemos. Australian-themed restaurant featuring steaks, seafood, and other steakhouse fare (i.e., Bloomin' Onion) Also good desserts.
Fri., Oct. 13	**WOODY'S OASIS:** 1050 Trowbridge Rd., East Lansing. Great Mediterranean food. **STEERING COMMITTEE MEETING:** To follow dinner.
Fri., Oct. 27	**OLIVE GARDEN ITALIAN KITCHEN:** 5015 Marsh Rd., Okemos. It's between Meridian Mall and Chili's Restaurant — south of the corner (stoplight) of Marsh Rd. and Central Park Dr. Great Italian food — great desserts too.
Tues., Oct. 31	**HAPPY HALLOWEEN!!** Hope you collect a lot of candy.
Sat. Oct. 14	**ESCAPE ROOM:** Event had to be cancelled. It will be rescheduled in Nov. See page 7 for other information.
Fri., Nov. 3	**CHARLIE'S BAR & GRILL:** 1957 Cedar St., Holt. It's just south of Holt Rd. They serve a variety of American food.
Sun., Nov. 5	**LIT SIG:**The Lit Sig will be meeting at 1:30 P. M. at Elizabeth Evangelista's to discuss *In Cold Blood* by Truman Capote. Come join us for discussion and treats. Elizabeth's lives at 5275 E. Hidden Lake Dr., Okemos. Her phone number is 351-3645. **DAYLIGHT SAVING TIME ENDS:** Don't forget to set your clocks back an hour.
Sun. Dec. 3	**HOLIDAY PARTY:** Save the date. Full information in November's Head-Line.

TGIFs are on Fridays. We meet at about 5:30 PM and order about 5:30 PM but you're welcome at any time. Come and get acquainted. All members and friends are welcome at the events above. Any member may schedule an event. Please remember: Who, What, Where, When, and Why. The deadline to schedule an event is the 15th of the month before the event. You can contact Pat Thuemmel, Calendar Coord. at: 1604 Barritt St., Lansing, MI 48917; Phone: 517-927-1168; email: patjtl@comcast.net